VINAYAKA MISSION'S RESEARCH FOUNDATION (Deemed to be University), SALEM

M.P.T. DEGREE EXAMINATION – April 2019 Fourth Semester

PT IN OBSTETRICS AND GYNAECOLOGICAL PHYSIOTHERAPY

Time: Three hours

I. Write short answers on:

 $(10 \ge 2 = 20)$

Maximum: 100 marks

- 1. Nocturia
- 2. Pelvic Tilt
- 3. Mention the names of skin changes during pregnancy.
- 4. Anorectal angle
- 5. Capacity of the bladder
- 6. Abdominal muscles
- 7. High risk pregnancy
- 8. How to calculate EDD?
- 9. Types of LSCS.
- 10. Urge Incontinence.

II. Write short notes on:

- 11. Write some relaxation techniques during antenatal stage.
- 12. Explain complications of labor and its management.
- 13. Surgical treatment of stress incontinence.
- 14. Genital prolapse.
- 15. Stretching during pregnancy.
- 16. Explain about the electrotherapy modalities used during pregnancy.
- 17. Back ache during pregnancy and its management.
- 18. Explain the physiological changes during pregnancy.

III. Write essays on:

- 19. Explain the physiotherapy assessment and management of foetal incontinence.
- 20. A 28 year old lady undergone normal vaginal delivery 1 month ago and she is having back pain radiating to groin. Explain the assessment and set the protocol for the treatment.

 $(2 \times 20 = 40)$

 $(8 \times 5 = 40)$